



DO IT YOURSELF

Judy Cordoza's cookery classes pass on culinary secrets and tips on techniques for dishes from all over India. You join her in the kitchen of her breezy family mansion on the banks of the Mandovi River. Within no time at all, you're grinding your own masalas, cooking up biryanis, and pressing out paratha bread. Then comes the famous Goan fish curry. Each day you get to eat your own creations on the riverside terrace, with a view across to Panjim city.

■ *Courses are for five days and run from October to April. The cost of the course is from £579 wich includes accommodation but not meals - other than those produced during the classes - or flights. Shorter courses are also available. Further details from On the Menu (0870 899 8844);*